

FEEL GREAT, LOOK GREAT BE GREAT, INSIDE AND OUT!

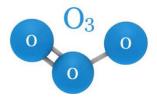


REGENESIS 360

www.regenesis360.com

TRANSDERMAL OZONE

The use of ozone in the HOCATT provides the many benefits, and works in concert with the other HOCATT modalities to facilitate the best strategy for optimal wellness and vitality. Ozone in the HCOATT can be both topical and systemic, and its uptake is enhanced by the Carbonic Acid and Hyperthermia. Experts say the HOCATT's combination provides the greatest, fastest and easiest form of detox available!



Ozone is known to:

- Inactivate Viruses, Bacteria, Yeast, Fungi, Parasites and Protozoa
- Stimulate the Immune System & Speed Healing
- Clean Arteries and Veins, Improving Circulation
- Oxidize Toxins, facilitating their Excretion
- Normalize Hormone and Enzyme Production
- Reduce Inflammation
- Reduce Pain, Calm nerves
- Improve Brain function and Memory
- Scavenge Free Radicals
- Dissolution of Malignant Tumors
- Activate the Immune System

CO₂ / CARBONIC ACID

- Increases blood flow throughout the entire body
- Enhances oxygen delivery at cellular level Flushes the skin temporarily to a healthy pink color
- Stimulates warmth receptors in the skin, inhibits cold receptors
- Reconstructs functionally closed capillaries
- Decreases blood pressure
- Naturally sedates and calms the central nervous system
- Reduces stress, relaxes the muscles and the mind
- A natural anti-inflammatory compound
- A fat dissolving compound

PASSIVE EXERCISE WITH OXYGEN BREATHING

- Enables the body to work at peak performance while building endurance and speed.
- Increased oxygen is the key to reducing the stress your body is under.
- An increase in oxygen slows the aging process.
- Building an oxygen rich environment wards off illness and disease.
- Enables people who have not been able to exercise at their desired performance to do so.
- Reduces pain
- Increased strength and Increase in energy levels
- Burn up to 30% more calories
- Restores lung function and 02 absorption
- Improves focus and ocular issues
- Reduces Edema in capillary cells
- Improves circulation disorders, especially in the lower extremities
- Reduces Hypertension

FAR INFRARED

- Increases blood circulation and oxygen supply to damaged tissues
- Carpal Tunnel Syndrome (CTS)
- Neutralizes blood toxicity and the walls of arteries, capillaries and veins smoothed.
- Hypertension, osteoporosis, headaches and digestive issues are all improved.
- Seven times more effective at detoxifying heavy metals, and even environmental toxins, as opposed to conventional heat or steam saunas.
- Improved symptoms for fibrocystic breast disease, attention deficit hyperactivity disorder, fibromyalgia, chronic fatigue syndrome, and much more.

WHOLE BODY HYPERTHERMIA

- Inhibits tumor growth.
- Increases the oxygen, nutrient, hormone and enzyme supply to the affected areas
- White blood cells increase in volume and activity, increasing the body's immune efficiency
- Everything in the body works faster when the body has a high body temperature, including producing more hormones and enzymes
- Elevated Mitochondrial Function
- Decreases muscular contracture and relieves tension and pain.
- Hyperthermia increases metabolism
- Hyperthermia speeds the disposal of lactic acid and facilitates faster recovery after exercise
- Improves mental clarity

ESSENTIAL OIL INFUSIONS

- Improve the quality of life
- Help eliminate toxins
- Reduce stress, anxiety levels
- Increase quality of sleep
- Improve blood pressure
- Reduce pain
- Enhancement of energy
- Improve short-term memory
- Prevent hair loss
- Reduce eczema-induced itching

LED LIGHT & COLORS

- Violet calms fears and anxiety; helps relieve insomnia; it has a sedation effect on the nervous system.
- Indigo has positive effects for the eyes, ears, nose Blue fights infection and inflammation. It is good for cuts and burns. It also benefits the throat.
- Green is for the relief of headaches, ulcers, colds and flu and heart ailments.
- Yellow enhances mental concentration. It aids in the relief of indigestion, heartburn, and constipation. It affects the liver and intestines.
- Orange is for asthma and bronchitis—the entire respiratory system.
- Red stimulates circulation of blood and flow of adrenaline. It increases energy. The blood and reproductive system react to red.

FREQUENCY SPECIFIC MICROCURRENTS

- Analgesia
- Anti-inflammatory Influence on blood flow and lymph transport
- Edema reduction
- Acceleration of regeneration
- Activation of Metabolism through temporary cAMP formation

ATHLETIC PERFORMANCE BENEFITS

- Enhances performance qualitative and quantitative
- Prolongs a career thru prevention and preservation
- Produces higher endurance and stamina
- Reduces physical and emotional stress
- Reduces muscle spasms and pain
- Strengthens and rebuilds musculoskeletal system
- Higher energy production
- Breaks down lactic acid in muscles, excess adrenaline in the muscles
- Protects the skin against the sun's impact and prevents skin cancer
- Enhances great skin tone and helps prevent stretch marks
- Prevents varicose veins in athletes
- Reduces swelling and inflammation in injuries
- Strengthen joints and muscles

ANTI-AGING / DETOX / WELLNESS

- Improves chronic digestive issues
- Improves impaired liver function
- Improves chronic headaches
- Improves ongoing skin conditions
- Improves stiff, aching joints and muscles
- Improves respiratory difficulties
- Improves allergies
- Improves low energy and fatigue

Sports Enhancement & the HOCATTTM



LET ME ASK YOU SOMETHING:

What would you say if someone told you that you could increase your athletic performance simply by sitting and relaxing for just 30 minutes a day? Well, they say "if it seems too good to be true, it usually is". But for the HOCATTTM it's true! And it's not just goodit's great!

SO WHAT IS THE HOCATT™?

The HOCATT is a bio-chamber that delivers a combination of modalities perfectly sequenced to give a gentle, but incredibly powerful session that boosts energy and detoxes your body down to cellular level. The main modality is Transdermal Ozone, which is generated from pure Oxygen.

SO WHAT DOES IT DO?

- Ensures optimal athletic performance.
- Increases energy levels.
- Builds strength, endurance and speed- without fatique!
- Enhances weight loss burns up to 600 calories per session!
- Turns fat into muscle!
- Speeds up recovery post-exercise.
- Enhances healing for sports injuries.
- Reduces physical and emotional stress.

HOW DOES IT DO THIS?

- Increases metabolism and heart rate, which simulates a cardiovascular workout.
- improves oxygen utilization and respiratory efficacy
- Cleans veins and arteries by dissolving plaque, and also dilates arteries.
- Increases blood and lymph circulation throughout the entire body, thereby improving oxygen delivery down to cellular level! This enhances mitochondrial function and increases ATP production- which means MORE ENERGY
- Excretes toxins, stimulates the immune system and promotes healing:
 - Regenerates damaged tissue.
 - Enhances the elimination of lactic acid, which facilitates faster recovery after exercise.
 - Reduces the stress your body undergoes with exercise and relieves tension.
 - Reduces inflammation/swelling and pain, and also reduces chronic joint pain.

For the athlete, it's all about increasing energy and improving the way you use oxygen. Because the HOCATT floods your body with ozone (which you can think of as a Super-Oxygen) all the way down to cellular level, it's the ideal tool for any sports enthusiast!

Women's Health & the HOCATTTM

LET ME ASK YOU SOMETHING:

What would you say if someone told you that you could slow the hands of time AND manage your weight, simply by sitting and relaxing for just 30 minutes a day? Well, they say "if it seems too good to be true, it usually is". But for the HOCATT it is true! And it's not just good it's great!

SO WHAT IS THE HOCATT™?

Hyperthermic Ozone & Carbonic Acid Transdermal Technology: The HOCATT is a bio-chamber that delivers a combination of modalities perfectly sequenced to give a gentle, but incredibly powerful session, that boosts energy and detoxes your body down to cellular level. The main modality is Transdermal Ozone, which is generated from pure Oxygen - you can think of Ozone as a Super-Oxygen!

OZONE & WOMEN'S HEALTH

Research shows that the most common health issues faced by women can be overcome with Ozone - it can even be used for gynecological issues such as endometriosis, ovarian cysts, and vaginitis. Most women have at some stage in their life experienced some form of vaginitis (e.g. thrush), which can be 100% eliminated by Ozone Insufflation¹. Vaginal Insufflation is recommended for any vaginal yeast/fungal, viral or bacterial infection - many such infections prevent conception and lower fertility, thus Ozone Therapy is helping many women achieve their dreams of becoming mothers. Ozone Therapy can even treat threatened abortion²

- 1. Chandra-D'Mello, Rajani, and Ronald D'Mello. "Ozone Therapy in female infertility." Institute of Surgery, Baku, Azerbaijan.
- **2.** Gretchkanev, Guennadi O. "Ozonetherapy as the Main Component of the Complex Treatment of Threatened Abortion." the 15th world ozone congress, London. 2001



HOCATT & WOMEN'S HEALTH

The HOCATT was specially designed with women in mind: it has an extra ozone generator dedicated to performing OPTIONAL vaginal Ozone-Oxygen insufflations and breast cupping.

Inside the HOCATT chamber, first Carbonic Acid and then Ozone mix with the steam and cover the skin, hence it is a Transdermal application. The Ozone steam purifies the skin and removes toxins, enhancing the vitality of the skin. It is also fantastic for skin problems, such as eczema and psoriasis

WEIGHT MANAGEMENT & BEAUTY

When it comes to your skin, Carbonic Acid and Ozone are the best applications for rejuvenation and beauty;

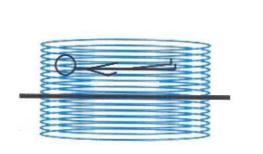
- Slows the aging process by increasing oxygen delivery to cells.
- Rejuvenates the skin by reducing and smoothing fine wrinkles.
- Stimulates collagen and elastin synthesisstrengthens the collagen layer.
- Strengthens connective tissue, tightens and firms, yet leaves the skin soft and supple.
- Improves elasticity and texture of skin, reduces blemishes and softens acne scars.
- Reduces cellulite.
- Enhances weight loss-burn up to 600 calories per session!
- Turns fat into muscle!

Introducing



High Intensity PEMF

The world's 1st ever full-body 'sandwich' design!
TWICE as powerful as regular full-body PEMF therapy.







The HU-G0™ PEMF device

WHAT IS THE HU-GO?

Pulsed Electro-Magnetic Field (PEMF) therapy uses magnetic fields to heal and energize the body. PEMF therapy differs from other electrotherapies in that it is **non-contact**, in other words there are no electrodes/pads making direct contact with the body. It is not to be confused with micro-current therapy.

PEMF induces electrical changes within and around cells, which influences the cell behavior. This results in improved circulation and oxygenation, better transport of nutrients and more energy. PEMF also accelerates the healing process by stimulating the body to repair damaged tissue, while significantly reducing pain. PEMFs also induce reflexology and acupuncture-like actions in the body.

With a history of success spanning over 100 years, PEMF is finally starting to become mainstream medicine. <u>The FDA has approved PEMF devices for the following</u>:

- Healing of non-union fractures [1979]
- Treating urinary incontinence and muscle stimulation [1998]
- Cervical fusion patients at high-risk of non-fusion [2004]
- Treatment of depression and anxiety [2006]

While PEMF therapy can offer **so much more,** these approvals alone are already paving the way towards the main stream. Even some Olympic teams have started using PEMF therapy to enhance performance, and speed recovery and healing between workouts. It is not illegal and also not considered to be doping!

The HU-GO is a **High Intensity PEMF** device. High intensity PEMF therapy delivers a huge helping of energy, which accelerates healing and regeneration. Exposure to **short-term**, high voltage (intensity) PEMF's has been crowned the ideal, non-invasive therapy of the future - and this is accompanied by a startling lack of side effects!

WHAT SETS THE HU-GO APART?

The HU-GO has set a new industry standard in PEMF therapy. The bar has been raised so high that everyone is clambering to catch up!

EFFICACY:

The HU-GO is a **High Intensity PEMF** device. It is the **1st device in the world** that uses a 'sandwich' design for full-body PEMF therapy! The double layer **AMPLIFIES** the electromagnetic field, which makes it **TWICE as powerful** as regular full-body PEMF therapy!

TIME:

The HU-GO for effective therapy. High intensity PEMFs penetrates deeper into the body, making it a more effective treatment in a shorter amount of time. However, most of the high intensity PEMF devices on the market are designed for targeting one specific area at a time. It takes forever to effectively cover the entire body if you want the advantages of full-body, high intensity, PEMF! Especially for those with a larger build or body mass.

If there is one thing you should know about PEMF therapy, is that it is mainly about imparting energy into the body. The more energy you can get and the faster you can get it, without overcharging your cells, the better!

In just one **15-minute** session, the HU-GO™ will **safely** flood the **entire body** with **5 x MORE** energy than any other PEMF device! Saves you time! Low intensity PEMFs can require sessions up to 90 minutes long

CLIENT SATISFACTION:

Doctors who are familiar with PEMF therapy have rated **HU-GO the #1** PEMF device – and not just because of the unique design, amplified effects and superior quality. Clients go bananas for the HU-GO! The HU-GO works deeply, yet gently, and your clients can actually **feel** that something is happening. They find it so enjoyable that they don't want to stop! With other devices clients can't wait for it to be over, but the **HU-GO feels so good** that they just want to keep the session going for longer.

QUALITY:

The HU-GO is a far **superior quality** PEMF device. The coils are well insulated in silicone, and made of pure, hair-fine copper strands that make up one thick wire. While the coils themselves are thick, they are also incredibly soft! If you bend them, they will smooth right out with ease.

We at Signature Health LTD trust in the quality and efficacy of our products. So much so that we use them ourselves, along with our family members and friends. The HU-GO has been such a hit, even amongst our own staff, that the Signature Health family has taken to saying, "Wherever HU-GO, I go!"

Our very own CEO, Andre Smith, was so excited to try out the HU-GO that he decided to do a test on himself as soon as the prototype was ready. Being a regular user of his own products, Andre is as fit as a fiddle! So, he ate some very, very unhealthy meals (acidic foods filled with gluten and saturated fats) to induce clumping in his red blood cells, which he observed when he had his blood analyzed immediately after consuming all the food! He then hopped straight into the HU-

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GO 'sandwich' and after the session, he had his blood analyzed again. Andre observed with his own two eyes how in just one HU-GO session, his blood was transformed from a viscous state with high red blood cell aggregation, into a beautiful and healthy distribution! He said, and I quote, "I was stunned. They look so beautiful now!"

MECHANISMS OF ACTION:

This is where we get into some of the nitty-gritty details of how and why PEMF therapy works. We've tried to make it as simple as possible, but if you just want to get straight into the "so what can it do?" part, then just skip ahead!

WE ARE ELECTROMAGNETIC:

What it essentially boils down to is that **we are electromagnetic beings.** Our bodies have electrical gradients that store energy as much as chemical gradients do. Nothing in the body happens without electromagnetic exchange! It is known that damaged or diseased cells present an abnormally low transmembrane potential (TMP), which can be up to 80% lower than in healthy cells! This is an indication of

greatly reduced metabolism, impaired sodium-potassium (Na-K) pump activity, and therefore reduced ATP production. While aging is a natural process, the early onset of mitochondrial dysfunction is not! The toxic environment and constant stresses of today greatly amplifies the drop in cell voltage observed as we get sick or age. Many people who are young and considered to be "healthy", even by today's standards, have startlingly under-performing mitochondria.

HOW DOES HIGH INTENSITY PEMF HELP?

High intensity PEMFs induce a flood of electrons inside the body. Free electrons serve as natural antioxidants, which are also negatively charged. Antioxidants are donators of free electrons, and thus can "terminate" free radicals, which are known to speed up the aging

process. This makes high intensity PEMF an inherently anti-aging therapy!

When thinking about healthy cells vs diseased cells, such as cancer cells, the most obvious physiological difference is how they generate energy. We know that normal body cells generate energy (ATP) through aerobic respiration, while cancer cells are predominantly anaerobic. Cancer cells meet the majority of their energy requirements via fermentation.

In **high intensity PEMF therapy,** the production of ATP is dramatically enhanced as a result of the abundance in energetic electrons. They feed the *healthy respiration* parts of the Krebs cycle, rather than the cancerous fermentation portion.

The healing effect of high intensity PEMFs can mostly be attributed to the optimization of the potassium-sodium (Na-K) pump in cell membranes, as well as the increase in the TMP which boosts the immune system.

FINAL THOUGHTS:

While there is plenty of research available for PEMF therapy, even more research is underway! The mechanisms of some of the awesome effects of PEMF therapy have yet to be fully understood, but what we do know is that the results speak for themselves.

WHAT CAN HU-GO HIGH INTENSITY PEMF BE USED FOR?

There are so many listed below that we have categorized them into benefits as well as body systems. Thus, a couple of things are repeated as they fall into multiple categories.

BEAUTY AND ANTI-AGING

- Slows Aging (via neutralization of free radicals)
- Stimulates Collagen Synthesis + Firming of Tissues
- Boosts Cellular Regeneration + Repair

ATHLETIC PERFORMANCE

The HU-GO is ideal for athletes and bio-hackers! PEMFs are legal for competitive sports, and has even been used by Olympic athletes.

Superior Performance + Endurance

- Boosts Energy (Maximizes ATP Production)
- Optimizes Blood + Tissue Oxygenation
- Relieves Anxiety + Stress
- Reduces Risk of Injury

Enhanced Muscle Function

- Upregulates Cellular Metabolism
- Activates RNA and DNA Synthesis
- Stimulates Collagen Synthesis

Faster Recovery after Exercise

- Decreases Muscle Tension
- Promotes Lactic Acid excretion
- Accelerates Healing of Sore, Stiff Muscles
- Reduces Pain caused by Spasms

• Accelerates Healing of Sports Injuries

- Stimulates Collagen Synthesis
- Boosts Cellular Regeneration + Repair
- Activates RNA and DNA synthesis
- Reduces Swelling + Inflammation

CARDIOVASCULAR SYSTEM

- Strengthens Blood Circulation
- Normalizes Blood Pressure
- Optimizes Blood + Tissue Oxygenation

PAIN

- Significantly Reduces Pain
- Relaxes Muscles
- Reduces Muscle Tension + Spasms
- Relieves Migraines + Tension Headaches

IMMMUNE SYSTEM

- Boosts Immune System
- Improves Lymph Circulation
- Enhances Cellular Detoxification

ENERGY

- Increases Cellular Energy Levels
- Boosts Overall Energy
- Floods the Body with Electrons
- Energizes Electron Transport Chain
- Stimulates ATP Production in the Mitochondria

NEUROLOGICAL SYSTEM

- Helps for Insomnia
- Improves Quality of Sleep
- Alleviates Stress + Anxiety
- Reduces Nervous Irritability

ENDOCRINE SYSTEM

- Improves Osteoporosis
- Stimulates Release of Endorphins and promotes wellbeing
- Normalizes Cholesterol Levels
- Improves Diabetic Neuropathy and Vasculopathy (diabetic ulcers)

METABOLISM

- Promotes Healthy Cell Metabolism
- Balances Cell-Membrane Charge
- Stimulates Inter-Cellular Communication
- Improves Nutrient Uptake
- Promotes Higher Levels of Vitamin A
- Activates the Antioxidant system
- Destroys Free Radicals

HEALING + REGENERATION

- Accelerates Injury Recovery Time
- Promotes Healing of Sore, Stiff Muscles
- Improves Cellular Activity and Regeneration
- Enhances Tissue Repair (stimulates RNA and DNA synthesis)
- Enhances Wound Healing
- Reduces Fibrous Tissue and Scars
- Promotes Bone Repair + Regeneration, as well as Fracture Healing (whether damaged from surgery, injury or disease)
- Enhances Joint Healing
- Reduces Pain, Swelling (Edema) + Inflammation
- Reduces Pain and Swelling from Sprains
- Relieves Ligament and Tendon Strain and Inflammation
- Reduces Side Effects of Chemotherapy

PSYCHIATRY

• Mild to severe Depression

